



2019 Team Marbles Challenge

Welcome to the 2019 Team Marbles Challenge being hosted by Mental Health Recovery Network (MHRN) on **either Wednesday 16 or Thursday 17 October 2019** starting at 1.00pm. The challenge will be held at 48a Belvoir Street in Surry Hills as part of Surry Hills Mental Health Month fair. The fair will start at 11.00 am and run through to 3.30 pm with lots of information tables and other activities.

In 2018 The Inner-City Teams Marble Challenge was played between eight teams of players, with each team having to complete a series of tasks. Bill Yan's Green team won the event for the 2nd time. Nate Rosija, Purple team and Douglas Holmes, Orange team tied for 2nd, with Lynda Hennessy Red team in 3rd place

Tasks for 2019 were finalised at a Team Captains meeting on 19 February 2019

Task 1: Each team will have a Team Captain plus as many members needed as constructors and supporters. The decision was made for each Team to identify an Ambassador to be the Marble roller for Task 3. Team captains are encouraged to get people including Ambassadors to like their Facebook page. Supporters do not need to attend the event – this allows the team captains to promote the event through their networks - the team with the biggest increase of post engagement scores on their Facebook page between 09/09/2019 and 09/10/2019 received the maximum number of points for task 1.



Task 2: The teams are encouraged to enrol new supporters via www.cosnp.info or on the sheet on page 4; the team with the most registered supporters receives the highest number of points for task 2.

Once the challenge gets underway at 1.30 pm each registered team needs to complete two other tasks. To assist with this task a new twist has been introduced this allows Team Captains to have up to 3 Sponsors, each Team will decide how to make best use of their sponsors.

Task 3: In 2019 the 3 numbers for the structure (3, 4 or 7) to be used were selected by members of the Mental Health Recovery Network on Tuesday 26 February 2019 from *Quadrilla: The Cyclone*. One of the numbers will be drawn at 1.15 pm on 10 October – the time taken to complete this task will determine the points for each team. The table on the page 3 shows the times teams took to do this task in 2018

Task 4: Ambassadors or their nominated representative roll 50 marbles through the structure – The ambassadors will also be given 60 seconds with the Mic to entice supporters to change sides. The table on the next pages shows the times teams took to do this task in 2018.

With task 4 the team with the lowest points total will go first, followed by next lowest until all teams have had a turn. The time it takes to complete all tasks will determine the points for each team (Ambassadors can have several practices runs prior to starting the official timed run, however if the team needs to change the design of the ramp, the additional time will be added to the team's time to construct the ramp).

Each task that a team completes will earn points for the team, at the completion of the four tasks the team with the most points become the 2019 Team Marbles Challenge Champions and have responsibility to look after Ben the mascot of the Team Marbles Challenge until the 2020 Challenge.



- The points for 1st place in each task are worth 15 points
- The points for 2nd place in each task are worth 12 points
- The points for 3rd place in each task are worth 9 points
- The points for 4th place in each task are worth 7 points
- The points for 5th place in each task are worth 5 points
- The points for 6th place in each task are worth 4 points
- The points for 7th place in each task are worth 3 points
- The points for 8th place in each task are worth 2 points

The table below show how the eight teams fared with each of the tasks at the completion of the 2018 Inner City Team Marbles Challenge held as part of the Surry Hills Mental Health Month Fair.

Tasks	Black	Blue	Green	Orange	Purple	Red	Light Rail	Teal
First Post engagement on Facebook	65 4 Points	83 5 points	134 9 point	255 15 Points	189 12 Points	123 7 points	No Page	No page
Second Supporters added to Team at www.cosnp.info	5 new Supp 5 Points	0 new Suppor 3 Points	99 new Supp 15 Points	80 new Support 12 Points	11 new Support 7 Points	new Supporter 9 Points		7 New Su pporter 4 Points
Third Time to build structure	15 M 0 sec 5 Points	15 m 0 sec 5 Points	10 m 43 sec 9 Points	15 m 0 sec 5 Points	5 m 57 sec 15 Points	10 m 15 sec 12 Points	14 m 35 sec 7 Points	
Fourth Time to roll 50 marbles through the structure	81 secs 5 Points	59 secs 12 Points	54 secs 15 Points	64 secs 9 Points	69 secs 7 Points	88 sec 4 Points	96 sec 3 Points	
Total	19 Points	25 Points	48 Points	41 Points	41 Points	32 Points	10 Points	4 Points

Team Colour	2019 Team Marbles Captain's Contact Information
Blue	Jonathan Harms – (02) 9332 0700
Green	Charmaine Jones – 0432 597 279
Orange	Douglas Holmes – 041 346 4469
Purple	Nate Rosija – 0423 285 570
Red	Lynda Hennessy - 0403 522 482
Teal	Tony – (02) 9393 9240
Light Rail	To be advised

If you are interested in coordinating a team for 2019 please contact the Team Marbles coordinator Douglas Holmes by email info@mh-worx.com or sms your contact details to 0403 386 017,

New teams need to be registered by 1st July 2019 to take full advantage of getting there Facebook numbers organised, Teams can still participate and register after this time however they will find themselves at a disadvantage.

Background on the Team Marbles Challenge

Originally the Team Marbles Challenge came from an event held in 2010 in the local Surry Hills community in Sydney to raise awareness and break down stigma around mental illness with a fun community event and information sharing.

The Inner-City Group Mental Health Recovery Network (MHRN) hosted a World Record attempt for the largest numbers of people playing with yo-yo's at the same time. The event was titled "Yo-Yo Au Go-Go" – see pages 18 <https://cosnp.files.wordpress.com/2014/01/narrativebooka-11-57-28.pdf>

This community event aimed to highlight the "ups and downs" of life that we all experience and to raise awareness about the importance of good mental health. The day was a great success, and while no records were broken, 300 people attended and had lots of fun learning (or re-learning) yo yo skills.

In keeping with this theme, in 2012 another event was held called "Don't Lose Your Marbles", which involved marble activities, including a guessing competition and a marble run. A range of local agencies were represented and brought information along plus volunteers who made marble cakes for the afternoon tea. The day was supported by members of The Inner City SUPER Group (Service Users, Participating, Educating and Researching).

In 2013 SUPER Group members decided to create the Team Marbles Challenge to raise awareness about The Inner-City Recovery Cave, a space on the 3rd floor of the O'Brien Centre at St Vincent's Hospital, Inner City Health Program.

The aim of the SUPER group was for people to share ideas that promote St Vincent's Hospital becoming a recovery-focused service. SUPER Group members encourage participants to identify their dreams, find out what they want, then encouraged people



to use their Consumer Wellness Plans to identify their strengths and strategies to stay well and follow their dreams.

The SUPER Group has become the SUPER CRO www.supercro.com and meets on the 2nd Wednesday of the month between 1 pm and 4 pm at different locations – for more information send an email to the duty officer: info@mh-worx.com

The Team Marbles Challenge now has the support of the 10 organisations (Inner City Health Program SUPER CRO, Mental Health Recovery Network, MH-worX, Life Without Barriers, Eastern Sydney Partners in Recovery, Mental Health Carers NSW and South Sydney Community Aid Multicultural Neighbourhood Centre). Each of the Team Captians are encouraged to raise funds that support the CADRE connect project to achieve its goal of having some independent funds to support the ongoing training across NSW. More information <https://cosnp.info/about/more-information-about-the-cadre-project/> In 2019 we have 6 teams involved in the Challenge so far.

Additional ways to register supporters for your team in 2019 Team's cannot collect new supported on these sheets before 6 July 2019, however supporters can still register through our website www.cosnp.info at anytime

Team Captain Name:		
Name of Supporter		Email or phone no
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
11		
12		
13		
14		