

Chapter 15: Resources

Resources

Substance Abuse and Mental Health Services Administration / Center for Mental Health Services (SAMHSA / CMHS): www.samhsa.gov

Substance Abuse and Mental Health Services Administration / National Center for Trauma Informed Care: www.mentalhealth.samhsa.gov/nctic/

NCTIC: www.nasmhpd.org/NCTIC.cfm

Kansas Consumer Advisory Council for Adult Mental Health, Inc.: www.kansascac.org

Models For Developing Trauma-Informed Behavioral Health Systems and Trauma-Specific Services: www.annafoundation.org/ModelsforDevelopingTraums-Report1-09-09_FINAL_.pdf

Cathy Cave: www.unlimitedmindfulness.com

Lauren Spiro - The Human Impact of Seclusion and Restraint
www.ncmhr.org/downloads/HumanImpactOfSeclusionAndRestraint.pdf

SAMHSA Wellness 10x10 Campaign
www.promoteacceptance.samhsa.gov/10by10/default.aspx

Center for Mental Health Services and National Center for Trauma-Informed Care (NCTIC), in partnership with Witness Justice, the National Association of Peer Specialists, (NAOPS) and US Department of Justice – Office of Violence Against Women, host a topic oriented discussion board on issues pertinent to trauma and recovery. www.trainingforums.org

Witness Justice: www.witnessjustice.org

Dare to Transform. This is an open forum for discussion about trauma and Trauma-Informed Care). www.daretotransform

Self-inflicted Violence (SIV): *Healing Self-injury* – a newsletter by and for people who utilize SIV, Ruta Mazelis, editor. www.healingselfinjury.org

The Anna Institute: www.theannainstitute.org

National Association of State Mental Health Directors (NASMHPD) – Gayle Bluebird hosts a national conference call for Peer Specialists who work in psychiatric hospitals.
www.nasmhpd.org

National Association of Peer Specialists: www.naops.org

Sidran Institute: www.sidran.org

Manuals, Training Curriculum and Workbooks: (see Sidran institute above for many of these or other resources)

Risking Connection: A Training Curriculum for Working with Survivors of Childhood Abuse by Karen W. Saakvitne, Ph.D. et al

Your Surviving Spirit: A Spiritual Workbook for Coping with Trauma by Dusty Miller, Ed.D.

Healing the Trauma of Abuse by Mary Ellen Copeland MA, MS and Maxine Harris, PhD.

The Essence of Being Real by Jennifer L. Wilkerson, MS

BOOKS

Healing Invisible Wounds: Paths to Hope and healing in a Violent World by Richard F. Mollica, MD

Will to Recover by Tommy W, Hayes: www.lulu.com

Healing from Trauma by Judith Herman

Creating Sanctuary: Toward the Evolution of Sane Societies by Sandra Bloom, MD