

Information on how the 2 days have been organised

Speakers for the two days have been invited by The Super Group. The program has been constructed as a conversation between presenters and delegates and is linked by the idea that we learn and are changed by genuine conversations.

The SUPER Group expect delegates to leave with an understanding of the new approaches to Trauma Informed Care and take with you an understanding of the links these approaches have to our work that can enhance our skills and confidence.

We have four speakers from overseas and the two days will be facilitated by Ms Leonie Manns.

DAY 1 – Thursday 7 May 2015		Day 2 – Friday 8 May 2015	
Time	Session	Time	Session
8.30	Registration:	8.30	Registration:
9.15	Welcome & Opening	9.15	Trauma from a Scotsman's perspective
11.00	Morning Tea	11.00	Morning Tea
11.30	Trauma-informed Care and Practice – research into practice	11.30	How do you address Trauma in a busy Hospital setting?
12.45	Lunch	12.45	Lunch
1.30	Deck of Dreams revisited	1.30	Trauma in the Community
3.00	Afternoon Tea	3.00	Afternoon Tea
3.30	MAD Pride concert	3.30	Are we heading in the right direction?
5.00	Finish	5.00	Finish

Don't miss the MAD Pride Concert on Thursday 7th May @ 3.30pm



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So You Want To Change The World?



Day 1 Program

Day 2 Program

S1 - 9.15 Welcome and Opening

Gary Parker lives in Colby, Kansas. A former music teacher, he got involved with advocacy, due to his own illnesses dealing with major depression and hospitalizations. Gary spends his time travelling all across the state of Kansas and the country, being a vocal voice for adult consumers with mental illnesses. Gary has been with the Kansas Consumer Advisory Committee since it started in 2000. Gary serves as a mentor of the Leadership Academy, several subcommittees, and as advisor to Wings Upon the Prairie, his CRO located in Colby. Gary also serves on the Governor's Mental Health Services Planning Council (GMHSPC) representing Adults with Severe and Persistent Mental Illnesses.

S2 – 11.30 Trauma-informed Care and Practice – research into practice

Corinne Henderson is Senior Policy Advisor for the NSW Mental Health Coordinating Council. MHCC has led the push for Trauma-informed Care and Practice at a national level. MHCC's commitment to TICP and the rationale for cultural and systemic reform in Australia has led to a strategic framework for implementation at both service and system levels. Corinne has been integral to MHCC's work identifying steps needed to embed trauma-informed principles into policy and the integration of evidence-based research into practice.

Dr Peri O'Shea is the Chief Executive Officer at BEING. Peri has been with BEING since 2010. Peri is a vibrant and dynamic speaker who has extensive experience presenting at national and international conferences and forums.

Peri also has extensive training and facilitator experience in higher education and NGO settings. Most recently, she has developed and facilitated highly successful and popular advocacy courses to mental health consumers.

Peri has many years of experience in working with Human Service NGOs and in service management and she has a strong understanding of mental health policy and consumer issues. Peri has degrees in psychology and social policy, a PhD in Applied Sociology and a lived experience of mental illness as both a consumer and a carer.

Jonathan Edward Harms is CEO of ARAFMI NSW Inc ('ARAFMI') he initiated a comprehensive review of its organisational systems and policies. As a result, a number of new activities were identified and planned. Examples of new projects commenced by ARAFMI include, convening the Carer Support Worker Forum and hosting the 3rd National BPD Conference. ARAFMI continues to be active in systemic advocacy in a range of forums.

S3 – 1.30 Deck of Dreams revisited

Jen Aboki is the founder of mindgarden.me, a playground for creative wellbeing and holistic wellness and creator of the Deck of Dreams. Currently she works with Eastern Sydney Partners in Recovery (ESPIR) as Project Coordinator.

She is an artist at heart and loves all things hand made. Her lived experience fuels her big dream of bringing awareness and positive change around mental health issues in a light hearted approachable way.

Other Speakers will be identified once Deck of Dreams voting is finalised

Douglas Holmes is a consumer participation officer with St Vincent's Mental Health Services. Douglas is a founder member of the Hearing Voices Network NSW, and is an expert by his own lived experience.

S4 – 3.30 MAD Pride concert

MAD PRIDE is an International movement to celebrate MAD Culture, consumers are reclaiming the language "We are MAD & PROUD". Enjoy the performers who happen to have the lived experience of mental illness. There will be singers, guitar players, poets, and comedians. Stick around & have fun.

S5 – 9.15 Trauma from a Scotsman's perspective

Ron Coleman is a Mental Health Trainer and Consultant specialising in psychosis prevention and resolution. He has designed training packages to enable voice hearers to gain ascendancy over the negative aspects of the voice hearing experience. His own route to recovery, after spending 13 years in and out of the psychiatric system, has given him many insights into the many difficult issues facing today's mental health services. Ron has published several books including 'Politics of the Madhouse', co-authored 'Working with Voices' & 'Working to Recovery' and also wrote 'Recovery an Alien Concept?'

S6 – 11.30 How do you address Trauma in a busy Hospital setting?

Luke Molloy works in the School of Health Sciences at the University of Tasmania. He is a registered nurse who has worked in mental health services in both Australia and Ireland. He teaches in undergraduate and postgraduate health professional courses. His research is focused on practices in mental health services.

Paul Beckett is a Mental Health Nurse working at the Caritas Acute Mental Health Unit, Paul has a special interest in supporting the development of the Strengths model at St Vincents

Kate Hocknell & Sarah Jones are Mental Health Clinicians working within a Homeless Health Assertive Outreach Service. Kate is a Clinical Nurse Specialist with 7 years' experience working in public Mental Health Services. Sarah has 6 years' experience as an Occupational Therapist with a strong interest in mental health.

S7 – 1.30 Trauma in the Community

Gerry Bronn Community Rehab and Support Worker, former peer worker, **Neami Darlinghurst, Alex Sturman** Peer Support Worker, **Neami Pagewood, Lise Kjaer** Service Manager, Neami National Darlinghurst

At Neami National we work with people who live in the community with a mental illness or who sleep rough in Sydney. Neami staff are trauma informed and meet our consumers where they're at. We have significant experience in working with consumers with histories of complex trauma and focus on their values and strengths. Staff with a lived experience play a crucial role in initial engagement trust building and provide ongoing coaching and mentoring to consumers in achieving their recovery goals.

S8 – 3.30 Are we heading in the right direction?

Cherie Bledsoe lives in Kansas City, Kansas. she assists our Executive Director on the Kansas CAC, as well as our Leadership Academy Director. Cherie is an active voice at the local, state, and national levels. Cherie is a member of the Governor's Mental Health Services Planning Council, and is a member of the Transformation Subcommittee

Koleen Garrison, trauma survivor and person in recovery with mental health issues, has served as Administrative Coordinator, and committee chair for the Kansas Recovery Conference. She currently works as the Leadership Academy Coordinator for the Kansas Consumer Advisory Council for Adult Mental Health, Inc